

Lunch week 3

W/C: 18th Nov, 9th Dec, 13th Jan, 3rd Feb

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHICKEN GOUJON BURGER IN A BUN WITH WEDGES	CHILLI & WITH FLUFFY RICE	ROAST GAMMON, ROAST POTATOES & GRAVY	MEXICAN CHICKEN & RICE	BATTERED FISH & CHIPS WITH PEAS OR BEANS
PLANT BASED MAIN MEAL / VEGETARIAN	CHEESE & POTATO PIE	VEGETARIAN CHILLI SERVED WITH FLUFFY RICE	BROCCOLI & CHEESE PASTA BAKE	MEXICAN BEAN SALAD BOWL WITH RICE	MAC N' CHEESE WITH GARLIC BREAD
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD	GREEK STYLE FLATBREAD	CHILLI NACHO POT	PIRI PIRI SPICED POTATO WEDGES	ROAST POTATO & GRAVY POT	HOT DOG WITH ONION MARMALADE
TAKEAWAY TUBS	PASTA SPIRALS & ASSORTED SAUCES	PASTA SPIRALS & ASSORTED SAUCES	PASTA SPIRALS & ASSORTED SAUCES	PASTA SPIRALS & ASSORTED SAUCES	PASTA SPIRALS & ASSORTED SAUCES
PIZZA SLICE	MARGHERITA (V)	PEPPERONI	MARGHERITA (V)	PEPPERONI	MARGHERITA (V)
PANINIS	ASSORTED PANINIS AVAILABLE DAILY				
JACKETS	TRY OUR DELICIOUS FILLINGS FOR 85P EACH				
DESSERTS	JAM SPONGE & CUSTARD	APPLE CRUMBLE & CUSTARD	RHUBARB PIE WITH CUSTARD	STEAMED SYRUP SPONGE PUDDING & CUSTARD	WARM CHOCOLATE SPONGE & CUSTARD

Meal Deal

Main meal with vegetables and dessert



+



+



£2.60

All of our main meals, sandwiches & desserts are freshly made on site every day